



**Lebanon School District  
Safe & Healthy School Committee  
Meeting Minutes  
Tuesday, March 29, 2016**

The Safe & Healthy Schools Committee met on Tuesday, March 29, 2016, in the Board conference room at 12:00 noon. Dr. Bartley welcomed the group for the last meeting of the 2015-2016 school year. Dr. Bartley asked everyone to refer to the items on the agenda. Please see the attached list for Safe Schools Committee members present at the meeting.

***Drug Awareness Forum***

Dr. Bartley announced that a Drug Awareness Forum on November 16, 2016 as part of the Family Night Out event. She said the district had two drug awareness forums in the past and they went well. She is hoping that the November forum will be well publicized and more people will attend. Dr. Bartley said the Communities That Care Organization that is connected to the Heroin Task Force would be participating.

Toni Henning said that next spring there will be a program titled “Drugs 101: What Parents and Kids Need To Know”. It will be sponsored by Penn State Hershey Children’s Hospital from the Susan Byrnes Health Education Center. She said it is a very interactive, informative, hands-on workshop. Dr. Bartley said she visited the Susan Byrnes Center and it is a really good educational center. It might be an option for a class trip for those interested in learning more about nutrition or the impact of alcohol and/or drugs.

***Narcan Update***

Dr. Bartley asked Toni Henning to share information regarding Narcan. Narcan is an antidote to heroin, which means it will reverse the effects of heroin. Working closely with Dr. Yocum, our district has adopted a policy approved by the Board that allows the high school and middle school to have two doses of Narcan readily available in the nurse’s office. Bob Bowman and Steve Collins also have access to Narcan. Toni shared that it could be a life saving tool if there is concern of a heroin overdose. She also said that there is no adverse reaction if Narcan is administered and no heroin is present in the body. Fortunately, we have not had to use it in our district to-date. Toni invited anyone from the committee that would like a demonstration to visit the nurse’s office. Bob Bowman stated that he and Steve Collins attended a training last week and learned that there is a new super strain of heroin that Narcan will not impact.

Dr. Bartley shared that she is on the Heroin Taskforce that Mayor Capello established. One of the things the taskforce is trying to do is find ways of preventing people from using and getting addicted to heroin; education is the key. Dr. Bartley stated that her understanding is that people between the ages of 18 and 25 are most at risk of being exposed to and becoming addicted to heroin, which has implications for our high school students. She explained that heroin addiction could affect anyone; it isn’t limited to a particular race, gender or social and economical class. She encouraged the student representatives to internalize the messages they are hearing about the dangers of drugs. Toni Henning said heroin is a very addictive drug and it only takes one time of using it to become addicted.

Dr. Bartley stated that there is a video called, “Chasing the Dragon” that Mr. Bentz and Mr. Giovino are working on allowing students to watch on their iPads through youtube.

Dr. Bartley asked Bob Bowman and Steve Collins if there are any other drugs to be on the look out for that may be on the rise. Bob Bowman said that cocaine use seems to be down because heroin is taking its place. The cost of heroin is so low it is easily accessible. The training he attended last week shows that heroin is by far the problem drug in all of central Pennsylvania followed closely by prescription pain killer addiction, also easily accessible.

### **Wellness**

Dr. Bartley went over some of the ways our district promotes wellness:

- A healthy foods demonstration was held by the family consumer science department
- Dancing and yoga classes offered for staff
- All elementary students are exposed to fresh fruits and vegetables three days per week in addition to their daily lunches
- Southeast has a fruit and vegetable garden. The garden consists of pumpkins, tomatoes, herbs, squash and strawberries and everything is organic. Students help prepare meals and the 4<sup>th</sup> and 5<sup>th</sup> grade students take home fresh fruits and vegetables grown in the garden
- A “healthy food” luncheon was held for central office staff. Each person brought a healthy dish to the luncheon. A speaker from Wellspan gave a presentation on the DASH diet. Dr. Bartley explained that the DASH diet is more of a lifestyle rather than a diet. It is a healthful way of eating that assists in reducing hypertension and overall wellness
- Northwest will be doing a farm to table event on April 20, 2016 in the cafeteria
- Dr. Bartley mentioned that a lot of kids are using yoga balls in classrooms, which helps to strengthen core muscles

### *American Heart Association*

Dr. Bartley stated that she is proud that our district supports the American Heart Association with Hoops for Heart and Jump Rope for Heart. She shared that over \$8600 has been raised by our district.

### *Welsh Mountain Medical Services*

Dr. Bartley pointed out that Welsh Mountain Medical Services is in our area and may be working with our district for Family Night Out events.

The Mini-THON is on April 2, 2016 in the high school atrium and gym. This event allows our students to actively participate in raising money for cancer research.

Toni shared that the district has received 80 kits of “CPR Anytime” from the American Heart Association. The kit includes a 20-minute video to illustrate life saving skills and hands on CPR. Toni has been in contact with Terri Johnston and plans to teach high school and middle school students during gym classes.

Melanie Wells shared that Wellspan is progressive in community wellness. She said that June 6, 2016 is the kick off date for “Get Outdoors Lebanon”, a program that supports the National Summer Reading Program. It is a walking program for 4-12 year olds that incorporates reading into physical activity. Participants can go to a county library and get a “playbook”. The playbook will provide clues to the location of etching posts within 15 local community parks in Lebanon County. There will be prizes for activity completion along with incentives. Melanie will share more details when the plans are finalized. Dr. Bartley would like staff to share this information with families. She asked that Melanie provide her with the flyer for the May newsletter.

Melanie also shared information about “Healthy You”, which is a farm to table program. What was found was that only 4% of Lebanon County adults eat three or more servings of vegetables, which results in the children not being exposed to vegetables as recommended.

### ***“Adopt a Cop” in each building***

Dr. Bartley asked the committee for an update on “Adopt a Cop” in our district. Steve Collins said at this time there are no participants available. Dr. Bartley would like to keep it on the agenda in hopes that the district will be able to adopt a cop for each building in the future.

### ***Fire Drills***

Dr. Bartley asked if anyone had anything to share regarding fire drills. Brian Hartman said that all of the fire drills have gone extremely well. He asked that schools notify the Building & Grounds department when there is a planned drill so he can coordinate with the fire department.

Bob Bowman said that Lockdown drills are needed for each school by the end of the year. He said the Middle School is exempt from the lockdown drill because they have already had a lockdown this year.

### ***Partnership for School Bullying Prevention Helpline/Anonymous Reporting (iPad)***

Dr. Bartley shared a note from the Pennsylvania Department of Education regarding a helpline that serves as a resource for students, families and schools to address and resolve bullying situations. She asked principals to review the handout and let her know how we can incorporate this in our schools.

### ***“It’s On Us PA”***

Dr. Bartley received correspondence from the state regarding a movement to stop sexual assault. It is geared mainly for high school students and possibly middle school students. It is an invitation to pledge to actively educate students about sexual assault. She asked the high school and middle school principals to review the information and let her know if they are interested in the program.

### ***911 Dial Direct***

Shawn Canady gave an update on an issue the district was having with 911 calls. The phones were not holding the proper caller ID setting. The technology department is actively troubleshooting with Frontier and Dauphin datacom. They are trying to determine if the issue source is the district’s phone system or Frontier’s gateway. The phones have been reconfigured and tested to have proper caller ID set with 911. The 911 call back has been set to call the building secretary where the call originated, Bob Bowman and Steve Collins’ extension.

### ***Terrorism***

Dr. Bartley asked Bob Bowman and Steve Collins if they have an update from the recent conference they attended. Bob Bowman said that one of the biggest problems is the media getting things wrong. He advised everyone to be cautious when trusting what the media is reporting. He mentioned that ISIS, as everyone knows, is the most dangerous threat to our safety. He said the problem isn’t going away and stressed that everyone needs to be vigilant. Dr. Bartley stated the most important thing that we can do is to follow the protocols that we have in place. Bob Bowman also mentioned that if anyone sees something on social media that looks threatening, it should be reported immediately.

### ***Suicide Prevention-Act 71***

Act 71 requires schools to provide youth suicide awareness and prevention training to all staff that work with students in 6<sup>th</sup> – 12<sup>th</sup> grades. Dr. Danz is working with staff to make sure this is completed.

## ***Community Update***

Michael Ritter from Domestic Violence Intervention shared an offer for a 90-minute training for coaches or any adult that would mentor young men. The training demonstrates how to have structured conversations with young males about healthy relationships. He also mentioned a showing of a movie titled, "Paper Tigers", that is an intimate look into the lives of selected students at Lincoln High School, an alternative school that specializes in educating traumatized youth. Set amidst the rural community of Walla Walla, WA, the film intimately examines the inspiring promise of Trauma Informed Communities - a movement that is showing great promise in healing youth struggling with the dark legacy of Adverse Childhood Experiences (ACES). The showing will be on April 19, 2016 from 6:30 p.m.-8:30 p.m. at the United Methodist Church of the Good Shepherd, 1500 Quentin Rd. Lebanon, PA 17042.

## ***Building Reports***

Harding – No Comment

Henry Houck – No Comment

Northwest – No Comment

Southeast- No Comment

Southwest – Southwest student council requested the lines at the crosswalk be repainted. Brian Hartman said the Building & Grounds department is working with the city and Daniel Gruber, Transition Coordinator, to get it completed. Summer student help may be utilized for this project.

Lebanon Middle School – No Comment

Lebanon High School – No Comment

Nutrition Inc. – No Comment

Todd Kaylor shared that the security pass-through window has been installed at Southeast. All schools except Northwest have a security pass-through window.

Dr. Bartley stated that this is the last main safe schools meeting of the school year. At the next sub-committee meeting, we will make sure that updates to the crisis manual are completed. We will be setting next year's meeting dates in the fall.

Respectfully Submitted,

Melanie Warner  
Human Resources Administrative Assistant

**Safe & Healthy Schools Committee Meeting Attendance  
Tuesday, March 29, 2016**

Present	Marianne Bartley	Superintendent of Schools
	David Bentz	Assistant Principal, Lebanon High School
Present	Bob Bowman	Attendance Officer
	Nicholas Bullock	Assistant Principal, Harding Elementary School
Present	Shawn Canady	Chief Information Officer
Present	Joshua Coatsworth	Director of Special Education
Present	Craig Coletti	Principal, Southwest Elementary School
Present	Steve Collins	Attendance Officer
	Dawn Connelly	Principal, Lebanon Middle School
	Pedro Cruz	Principal, Henry Houck Elementary
	Chris Danz	Assistant to the Superintendent
	Greg Danz	Assistant Principal, Northwest Elementary School
Present	Krista Edinger	Nutrition Inc.
Present	Bill Giovino	Principal, Lebanon High School
Present	Mike Habecker	Principal, Southeast Elementary School
Present	Brian Hartman	Director of Building & Grounds
Present	Antoinette Henning	School Nurse
Present	Kelly Herr	Assistant Business Manager
Present	Michael Hodge	School Climate Manager, Lebanon Middle School
Present	Todd Kaylor	Assistant Director of Buildings & Grounds
	Karl Liedtka	Supervisor K-12 Counseling Programs
Present	Michael Murphy	Assistant to the Superintendent
	Jennifer Nordall	Assistant Principal, Lebanon High School
	Michael Reager	Principal, Harding Elementary School
	Bill Rennecker	Licensed Professional Counselor
	Curtis Richards	Business Manager, Lebanon School District
	Kaitlin Sherman	Nutrition Inc.
	Millie Smith	District Administrative Assistant
Present	Adam Steckbeck	District Custodial Supervisor
Present	Kenneth Travis	Guidance, Northwest Elementary School
	Neil Young	Principal, Northwest Elementary School
	Gary Zelinske	Assistant Principal, Lebanon High School

	Sherry Capello	Community
	Holly Leahy	Community
	Molly Reffner	Community
Present	Michael Ritter	Community
	Gary Rusen	Community
	Fire Chief Trautman	Community
	Police Chief Wright	Community
Present	Jordy Polanco	Harding Student Representative
	Riley Houck & Kaydance Rote	Henry Houck Student Representatives
	Mikayla Bowman	Lebanon High School Student Representative
Present	Shanann Simmons	Lebanon Middle School Student Representatives
Present	Evelyn Flores	Northwest Student Representative
Present	Samuel Martinez	Southeast Student Representative
Present	Natalie Thornsberry	Southwest Student Representative
Present	Lindsey Longo	Guidance Counselor, Harding Elementary School
Present	Bryann Kingsbury	Nutrition, Inc.
Present	Jen Selman	Nutrition, Inc.
Present	Sandra Cruz	Human Resources Administrative Assistant
Present	Melanie Wells	Wellspan