

LEBANON SCHOOL DISTRICT

POLICY: 123.2
SECTION: PROGRAMS
TITLE: SUDDEN CARDIAC ARREST PREVENTION
ADOPTED: April 16, 2018

123.2 Sudden Cardiac Arrest Prevention

Authority

The Board recognizes the importance of ensuring the safety of students participating in the district's athletic programs. This policy has been developed to provide guidance for the prevention and recognition of sudden cardiac arrest in student athletes.¹

Definition

Athletic activity shall mean all of the following:

1. Interscholastic athletics.²
2. An athletic contest or competition, other than interscholastic athletics, that is sponsored by or associated with the school district, including cheerleading, club-sponsored sports activities and sports activities sponsored by school district-affiliated organizations.
3. Noncompetitive cheerleading that is sponsored by or associated with the school district.
4. Practices, interschool practices and scrimmages for all athletic activities enumerated in this policy.

Delegation of Responsibility

Each school year, prior to participation in an athletic activity, every student athlete and his/her parent/guardian shall sign and return the

¹ 24 P.S. 5331 et seq

² 24 P.S. 5332

acknowledgement of receipt and review of the Sudden Cardiac Arrest Symptoms and Warning Signs Information Sheet.³

Guidelines

The school district may hold an informational meeting prior to the start of each athletic season for all ages of competitors regarding the symptoms and warning signs of sudden cardiac arrest. In addition to the student athletes, such meetings may include parents/guardians, coaches, other appropriate school officials, physicians, pediatric cardiologists, and athletic trainers.

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Removal From Play

A student who, as determined by a game official, coach from the student's team, certified athletic trainer, licensed physician, or other official designated by the school district, exhibits signs or symptoms of sudden cardiac arrest while participating in an athletic activity shall be removed by the coach from participation at that time.⁴

^{3, 4, 5, 6, 7} 24 P.S. 5333

Any student known to have exhibited signs or symptoms of sudden cardiac arrest prior to or following an athletic activity shall be prevented from participating in athletic activities.

Return to Play

The coach shall not return a student to participation until the student is evaluated and cleared for return to participation in writing by a licensed physician, certified registered nurse practitioner or cardiologist. ⁵

Training

All coaches shall annually, prior to coaching an athletic activity, complete the sudden cardiac arrest training course offered by a provider approved by the PA Department of Health. ⁶

Penalties

A coach found in violation of the provisions of this policy related to removal from play and return to play shall be subject to the following penalties:

1. For a first violation, suspension from coaching any athletic activity for the remainder of the season.
 2. For a second violation, suspension from coaching any athletic activity for the remainder of the season and for the next season.
 3. For a third violation, permanent suspension from coaching any athletic activity. ⁷
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