

Healthcare resources as they relate to the COVID-19 pandemic in Lebanon County:

All of our regional healthcare providers are offering FREE telehealth related to COVID-19 assessment:

- Wellspan: <http://www.wellspan.org/coronavirus> (the online assessment is now available inSPANISH)
- UPMC: <http://UPMCPinnacle.com/VideoVisit>
- Penn State: .

PSAs and Community Resources:

- CHC: <http://communityhealthcouncil.com/coronavirus/>
- PA Dept of Health: <https://www.health.pa.gov/topics/disease/coronavirus/Pages/Social-Media.aspx>
- Lebanon County Department of Emergency Services: Information regarding the virus as it impacts Lebanon County residents and public facing businesses, services, and facilities. <https://covid19.lcdes.org/>
- Leb Town: https://docs.google.com/document/d/1ivDqou5u0oYQpUTIAOPdGOJQQYJ5OIEaH-TRpD6U_qg/edit
- United Way: Accepting donations to a community fund. 100% of donations will stay in the County: <https://www.unitedwaylebco.org/lebanon-county-community-support-fund>

Important Messages to Share

There are a few key points that need to be reiterated over and over (and over) again. So if there is a way for you to share with your personal community and your professional community please do:

- Currently, COVID-19 testing requires a doctor's order. Please use one of the online or over the phone tools linked above before you head to a site.
- If you are experiencing mild symptoms, consider yourself positive and self-quarantine
- Please, please do not encourage family or friends to travel here for care or to quarantine. As resources get stretched in other communities we are going to see a lot of movement between states and counties and we are trying to best preserve our resources for our community members.

In addition, here are some links provided by the Dept of Health, Education and CDC. This is the most current information/update:

<https://www.health.pa.gov/topics/disease/coronavirus/Pages/Educators.aspx>

<https://www.education.pa.gov/Schools/safeschools/emergencyplanning/COVID-19/Pages/default.aspx>

<https://www.health.pa.gov/topics/disease/coronavirus/Pages/Coronavirus.aspx>

Prevention strategies:

https://www.cdc.gov/healthywater/hygiene/etiquette/coughing_sneezing.html

CDC Handwashing Videos

<https://www.cdc.gov/handwashing/videos.html>

<https://www.cdc.gov/healthywater/hygiene/training-education.html>